

Name: Colton Ike Merrill ATC, CPT		Grading Quarter: 3	Week 9 Beginning:
School Year: 2023-2024		Subject: Sports Medicine and Rehabilitation 2	
M o n d a y	Notes:	<p>Objective: Explain the best forms of treatment for the common cold and flu viruses and their symptoms Identify symptoms of mild allergic reactions and common medications used in their treatments Identify anaphylaxis and demonstrate use of an EpiPen to treat</p> <p>Lesson Overview: L 3 Cold and Allergy L 4 Asthma.pptx</p>	Academic Sports Med CTE Standards: 5.3
T u e s d a y	Notes:	<p>Objective: Recognize & identify the common types of medications used in society and the justifications for their use Identify the differences between therapeutic and recreational drugs Describe the 5 Rights involved in the use of medications</p> <p>Lesson Overview: L 5 Common Therapeutic meds. L 6 drug basics.pptx</p>	Academic Sports Med CTE Standards: 8.3 3.6
W e d n e s d a y	Notes:	<p>Objective: Learn more about contemporary ergogenic aids and their efficacy Understand the process and purpose of the drug testing procedures at various levels of sport</p> <p>Lesson Overview: L 7 Ergogenic aid cont.ppt L 8 Drug Testing in Sports.</p>	Academic Sports Med CTE Standards: 3.6
T h u r s d a y	Notes:	<p>Objective: Understand the factors that can contribute to drug abuse Identify drugs/medications that are commonly abused in athletics Assess the consequences associated with drug abuse and how to initiate treatment</p> <p>Lesson Overview: L 9 Drug Abuse L 10 Natural Supplementation.</p>	Academic Sports Med CTE Standards: 3.6

F r i d a y	Notes:	<p>Objective:</p> <p>Explain the effects that steroids, androstenedione and human growth hormone have on the body in physician-prescribed use and illicit use.</p> <p>Understand the legal requirements for release of medical records</p> <p>Lesson Overview:</p> <p>L 11 Steroids and HGH.</p> <p>L 12 Ethics.ppt -</p>	<p>Academic Sports Med CTE Standards:</p> <p>3.6</p> <p>10.6</p>
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